

**AHA Sample BLS Course Agenda**  
**Total time: 4½ hours**

9:00-9:05	<b>Lesson 1: Course Introduction</b>
9:05-9:13	<b>Lesson 1A: Life Is Why Activity (Optional)</b>
9:13-9:48	<b>Lesson 2: 1-Rescuer Adult BLS</b> Part I: Adult Chain of Survival Part II: Scene Safety and Assessment Part III: Adult Compressions Part IV: Pocket Mask Part V: 1-Rescuer Adult BLS
9:48-10:15	<b>Lesson 3: AED and Bag-Mask Device</b> Part I: AED Part II: Bag-Mask Device
10:15-10:27	<b>Lesson 4: 2-Rescuer Adult BLS</b>
10:27-10:40	<b>Lesson 5: Team Dynamics</b> Part I: Team Dynamics Part II: Successful Resuscitation Teams
10:40-10:55	<b>Lesson 6: High-Performance Teams Activity</b>
10:55-11:15	<b>Lesson 6A: Local Protocols Discussion (Optional)</b>
11:15-11:25	<b>Break</b>
11:25-11:40	<b>Lesson 7: Child BLS</b> Part I: Pediatric Chain of Survival Part II: Child BLS Part III: 2-Rescuer Child CPR
11:40-11:55	<b>Lesson 8: Infant BLS</b> Part I: Infant BLS Part II: Infant Compressions Part III: Bag-Mask Device for Infants Part IV: 2-Rescuer Infant BLS Part V: AED for Infants and Children Less Than 8 Years of Age
11:55-12:03	<b>Lesson 9: Special Considerations</b> Part I: Mouth-to-Mouth Breaths Part II: Rescue Breathing Part III: Breaths With an Advanced Airway Part IV: Opioid-Associated Life-Threatening Emergency
12:03-12:05	<b>Lesson 10: Adult and Child Choking</b> Part I: Relief of Choking in a Responsive Adult or Child Part II: Relief of Choking in an Unresponsive Adult or Child
12:05-12:09	<b>Lesson 11: Infant Choking</b> Part I: Relief of Choking in a Responsive Infant Part II: Relief of Choking in an Unresponsive Infant
12:09-12:14	<b>Lesson 12: Conclusion</b>
12:14-12:39	<b>Lesson 13: Exam</b>
12:39-12:59	<b>Lesson 14: Adult CPR and AED Skills Test</b>
1:00-1:20	<b>Lesson 15: Infant CPR Skills Test</b>

1:20-1:35

**Lesson 16: Remediation**

Part I: Skills Testing Remediation

Part II: Exam Remediation